

Ship Bottom's Animal Healer Ginger Krantz

By VICTORIA FORD | Jul 14, 2017



Photo by: Ryan Morrill

Ginger Krantz



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After a series of sessions with energy healer Ginger Krantz, one pinto was almost unrecognizable to its owner, who claimed the horse looked 10 years younger.

Non-invasive, holistic healing work can have a powerful, positive impact on an animal's body, mind and spirit, according to Krantz and client testimonials. The Ship Bottom resident has 25-plus years of experience as a healer. Earth Horse Healing is her healing practice; she also enjoys teaching healing techniques. She became certified in Barbara Brennan Healing Science (a four-year

program, 1990-94) and mentored the teaching staff at the Barbara Brennan School of Healing. Krantz also studied earth-based traditions with Tom Brown's Tracker School.

She adapted the principles to animals and, when she saw how effective the techniques were on her own horse, Herz, a German warmblood with one hip higher than the other and a case of "jumper's bump," she extended it to others.

Herz, whose name means heart, is 32 years old. Krantz got him when he was 4, from North Salem, N.Y., where he had done some fox hunting. Now retired, at his advanced age "every day is a blessing," she said.

Many people are familiar with the term animal communicator, and some do call Krantz "the horse whisperer," she said. But her healing work is done by entering into a "sacred relationship" with the animal and sharing a dialogue whereby the animal can "show me what's going on" and actually indicate specific locations where support is wanted.

The horses (and other animals, including dogs and cats) she works on may have experienced trauma related to racing or competing, an accident or injury, and may be suffering long-lingering symptoms and effects, either direct or indirect; she helps with the psycho-spiritual aspects of those issues and more.

Some, when she first meets them, cannot tolerate being touched. Some have severe lameness. Some face euthanasia. Animals with anxiety can benefit by regaining a sense of calm, confidence and improved performance. The bond between horse and human is created, of course, by taking steps to earn and develop trust.

Krantz teaches two to five classes a year. She offers a weekend-long hands-on introductory session, "Healing With Horses," Oct. 2-3, in Moorestown, followed by an advanced workshop, "Equine Communication and Healing," Oct. 16-17, at Helping Hearts Equine Rescue in Perrineville. "This advanced class deepens your perceptions of the horse," according to the description. "You'll gain awareness that extends beyond basic physical observations."

After 28 years together, Krantz and Herz share a strong bond, plain to see by watching them together.

Retiring Herz was a gradual process. Though difficult for her to adjust to riding less often, she said the shift in their relationship "helped me drop into just being with him, being present, taking the relationship deeper." Now she no longer even misses riding.

"My place is on the ground with the horses," she said. "I'm their advocate."

Krantz said her clients tend to find her services refreshingly agenda-free, her knowledge and experience vast, her approach progressive. Krantz is part of the barefoot, natural-horse movement.

Herz's barnmate, Cassie, is a thoroughbred mare who was trained for the track but never raced. She had lameness issues and a fear of being trailered. She also had a bout with Lyme disease. Krantz has helped her to resolve those issues and now does regular maintenance on her, as she demonstrated.

"I feel inflammation in the body," she said.

As Krantz directs the energy to the place where it's needed, the horse visibly reacts, by dipping her head and closing her eyes. The interplay between human and horse is "a lot of dance back and forth as they move through things." The response can be subtle or "really dramatic."

While the healing work is emotional in nature and requires a certain capacity built up over time, Krantz wouldn't call it draining or overly taxing because, she explained, the energy doesn't come from her. Rather, she pulls the energy from the earth and channels it to the animal.

A full day might involve four or five healings at most, and afterward Krantz may sleep an extra hour at night. For a given horse, she said, a series of seven sessions is ideal to reawaken the vital force.

Like humans, animals hold tension in muscles tied to emotion. Locating and releasing that tension can bring about a transformation.

For Krantz, the most rewarding aspect of healing work is improving not only the condition of the animal, structurally and systematically, but also the very essence of the client's relationship with the animal.

For rates and more information about Krantz's practice, visit earthhorsehealing.com or call 609-276-9766.